

27 Thursday Communion.

Thursday Morning. Water.

The perfection of the organism depends on the quality of the blood just as the perfection of the physical environment depends upon the quality of the water. All forms of water were contemplated, rivers, creeks, rain, the sap in trees and plants. The living reality of unity between the waters of the body and the waters of the plane were known. The Essenes could direct the blood stream to any part of the body or withdraw it at will.

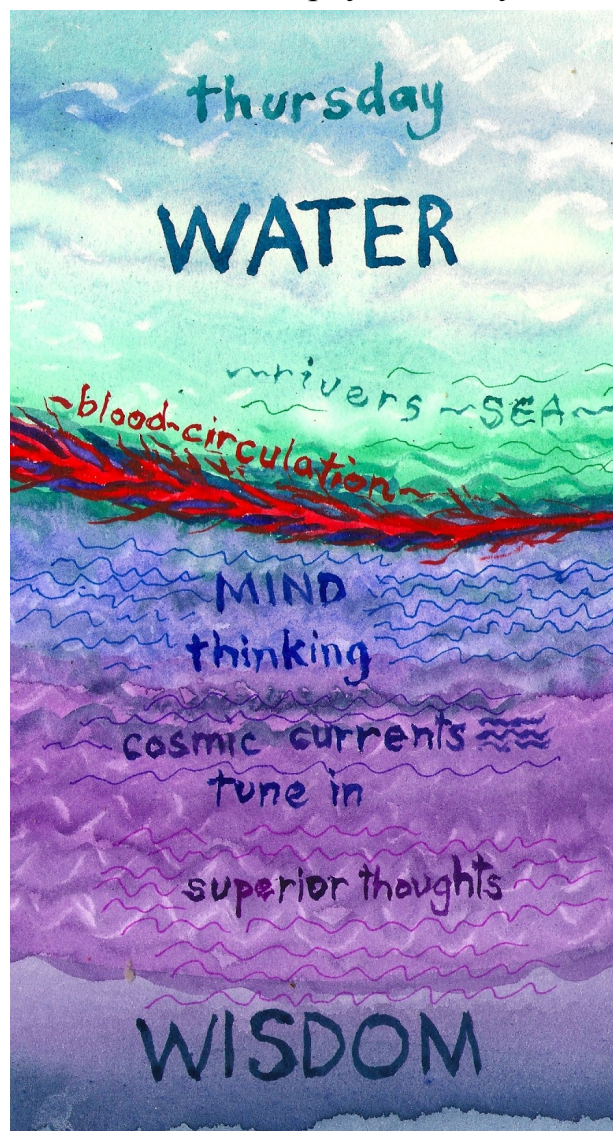
Thursday Noon. Peace with the Mind.

The Mind was known as the Creator of thought. The totality of an individual's thoughts was called the thinking body. The totality of all the hundreds of millions of thinking bodies was called the planetary thinking body. The totality of all the superior thoughts in the Universe was known as a cosmic ocean of thought.

Thought penetrates throughout the acting and feeling bodies as a magnetic force field. Feeling and action arise from thought. Each individual **is to guide and direct their thought and thus their currents of feeling.**

The planetary function of thought is to contribute noble and uplifting thoughts to the planetary thinking body and to receive these currents. **Each person is responsible for all the thoughts they send out or receive.** Every time a person creates or accepts

an inferior thought, they are accepting an inferior force into their world. An inferior force reacts on the feeling body which reacts on the physical body.



This automatically causes further disharmonies, diseases, negations, limitations and chaotic environments. The suffering and disharmony which humans have created will transform into peace and harmony **when people's beliefs and thoughts attune and collaborate with the Law of Life.** Through thought a person has the ability and freedom to accomplish anything that is in harmony with the Law of Life.

The subconscious mind is like a sensitized plate which registers everything. It is therefore necessary to live within an atmosphere of love and harmony, and in a healthy, natural place.

Part of the task accomplished by the morning and evening tune-ins and noon meditations, was to regenerate the subconscious with superior currents of thought and feeling. When regenerated it becomes a source of energy and harmony to mind and body. It is then like a friend who sends constructive, harmonious messages to every part of the body, causing them to function efficiently.



Thursday Evening. **Wisdom.**

Thought was held by the Essenes to be both a cosmic and a cerebral function and the highest and most powerful of all cosmic energies, never perishing and never lost. To them a cosmic ocean of thought pervades all space and contains all thought. By tuning into the thought of all great thinkers of the past and all the thought currents in the universe, the Essenes could send and receive powerful harmonious thought currents and attain intuitive knowledge and wisdom.